

Hot Entrees

MINIMUM 15 PEOPLE

BBQ Salmon	\$11.95
SERVED WITH WILD RICE, SPINACH SALAD AND FRESH BREAD ROLLS.	
Grilled Chicken Breast	\$9.95
SERVED WITH OVEN ROASTED POTATOES, AND GREEN SALAD.	
BBQ Salmon	\$15.95
SERVED WITH WILD RICE, GREEN SALAD, AND ROLLS.	
Chicken Souvlaki	\$10.95
SERVED WITH LEMON POTATOES, GREEK SALAD, PITA BREAD AND TZATZIKI.	
Roasted Pork Loin	\$12.95
SERVED WITH CRISPY OVEN POTATOES, HOMEMADE APPLE SAUCE, STEAMED GARDEN VEGETABLES, AND FRESH BUNS.	
Lasagne (Meat or Vegetable)	\$8.95
SERVED WITH GREEN SALAD, AND GARLIC BREAD.	
Baked Ham	\$9.95
SERVED WITH SCALLOPED POTATOES, AND STEAMED VEGETABLES.	
Roast Beef	\$12.95
SERVED WITH GARLIC MASH POTATOES, YORKSHIRE PUDDING, AND STEAMED SEASONED VEGETABLES.	
Beef Stroganoff	\$9.95
SERVED ON EGG NOODLES, WITH STEAMED VEGETABLES AND FRESH BREAD.	
Chicken Cacciatore	\$9.95
SERVED ON PENNE PASTA WITH GREEN SALAD AND GARLIC BREAD.	
Thai Skewered Tiger Prawns	\$9.95
SERVED WITH STEAM RICE AND FRESH GREEN SALAD.	
Sole Florentine	\$10.95
SERVED WITH STEAM RICE AND FRESH GREEN SALAD.	

Snacks and Beverages

Muffins	\$1.50
Scones	\$1.75
Tarts, Cookies and Squares	\$0.95 each
Coffee (10 cup pot)	\$12.00
Juice and Water	\$1.50
Sparkling Mineral Water	\$1.75
Italian Sodas	\$1.75

Delivery, servers, and rentals available upon request. All prices include paper service.

GST will be added to all orders.



6611 No. 4 Road
RICHMOND, BC V6Y 2T2

TEL: 604-244-7013
MOBILE: 778-895-0091

WWW.HERONISLANDCATERING.COM



WWW.HERONISLANDCATERING.COM

Breakfast MINIMUM 15 PEOPLE

Continental Breakfast \$5.95

FRESHLY BAKED ASSORTED MUFFINS, SCONES, ETC. FRUIT PLATTER, BOTTLED JUICE, TEA AND COFFEE.

Breakfast Bunwich \$6.95

GRILLED HAM, EGG AND CHEESE ON A FRESH HAMBURGER BUN SERVED WITH HASH BROWNS AND FRESH FRUIT KEBOBS.

Blueberry French Toast \$7.95

SERVED WITH WARM BLUEBERRY COMPOTE AND SYRUP. CHOICE OF BACON OR SAUSAGES, AND FRESH FRUIT KEBOBS.

Healthy Start Baked Oatmeal Pudding \$7.95

TOPPED WITH YOGURT AND FRESH FRUIT AND SERVED WITH ASSORTED MINI BAGELS.

Spanish Breakfast Casserole \$8.95

CHEESE, CORN, CHILLIES, AND EGGS. SERVED WITH PAN FRIED POTATOES AND CHOICE OF BACON OR HAM, AND FRESH FRUIT SKEWERS.

Lunch MINIMUM 15 PEOPLE

Build Your Own Sandwiches \$6.95

SELECTION OF DELI MEATS, GARDEN FRESH VEGGIES, ETC. SERVED WITH YOUR CHOICE OF PASTA OR POTATO SALAD.

Wraps \$5.75

YOUR CHOICE OF BLT, CHICKEN CAESAR, OR VEGETARIAN. SERVED WITH CHIPS AND SALSA.

Soup and Sandwich Combo \$6.95

YOUR CHOICE OF SOUP WITH A VARIETY OF FRESHLY MADE SANDWICHES.

BBQ Wild Salmon \$7.95

SERVED WITH POTATO SALAD AND FRESHLY BAKED BUNS.

Japanese Style Teriyaki Chicken and Chow Mein \$6.95

Enchiladas \$6.95

YOUR CHOICE OF CHICKEN OR VEGETARIAN. SERVED WITH SOUR CREAM, SALSA, AND GARDEN SALAD.

Chicken Pot Pie \$6.50

SERVED WITH MIXED GREENS.

Italian Style Lasagne \$6.95

SERVED WITH MIXED GREENS AND FRESHLY BAKED BUNS. YOUR CHOICE OF MEAT OR VEGETARIAN.

Stuffed Cannelloni \$6.95

FILLED WITH FRESH SPINACH AND RICOTTA CHEESE. SERVED WITH MIXED GREENS AND FRESHLY BAKED BUNS.

Home Made Mac and Cheese \$6.50

WITH CRISPY BACON BITS ON THE SIDE. SERVED WITH MIXED GREENS AND FRESHLY BAKED BUNS.

Crepes \$6.95

SEAFOOD, HAM AND ASPARAGUS, OR CURRIED CHICKEN. SERVED WITH MIXED GREENS AND FRESHLY BAKED BUNS.

Fresh Salads

Choose from the following

THAI NOODLE

CAESAR

FRESH BROCCOLI

BARN (ASSORTED PEPPERS AND BEANS IN A TANGY VINAIGRETTE)

GREEK PASTA

BOCCONCINI AND TOMATO

Party Trays

Assorted Vegetables and Dip

SMALL \$25

MEDIUM \$38

LARGE \$48

Assorted Fresh Fruit

SMALL \$28

MEDIUM \$45

LARGE \$58

Assorted Cheese and Crackers

SMALL \$28

MEDIUM \$45

LARGE \$58

Assorted Cheese and Fruit

SMALL \$28

MEDIUM \$45

LARGE \$58

Assorted Appetizers

100 PIECES. INCLUDES MINI QUICHES, MINI SAUSAGE ROLLS, SPANIKOPITA ETC. \$75

Assorted Sandwiches

SMALL (6) \$24

MEDIUM (10) \$38

LARGE (15) \$56

Assorted Wraps, Bagels and Croissants

SMALL \$26

MEDIUM \$42

LARGE \$58